

# University of Pretoria Yearbook 2017

## Exercise physiology III 320 (SMC 320)

**Qualification** Undergraduate

**Faculty** [Faculty of Health Sciences](#)

**Module credits** 20.00

**Programmes** [BSportSci](#)

**Prerequisites** SMC 221

**Contact time** 1 tutorial per week, 2 lectures per week

**Language of tuition** Module is presented in English

**Academic organisation** Biokinetics and Sports Science

**Period of presentation** Semester 2

### Module content

\*Closed – requires departmental selection.

Allostasis, energy dynamics, fatigue, immune system considerations, muscle hypertrophy, DOMS, NSAIDs, environmental physiology.

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